

PHYSICIANS FOR WOMEN

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MEDICATIONS DURING PREGNANCY

ACNE

- Benzoyl Peroxide products

ANTACIDS (heartburn)

- Mylanta
- Maalox
- TUMS
- Rolaids
- Prilosec
- Prevacid
- Pepcid

ANTIFUNGALS (yeast infections)

- Monistat (3day or 7day)
- Gyne-Lotrimin

DIARRHEA

- Immodium AD

GAS PAIN

- Gas X

HEMORRHOIDS

- Preparation H
- Witch Hazel or Tucks Pads

PAIN RELIEVERS

- Tylenol

SEASONAL ALLERGIES

- Zyrtec
- Claritin
- Benadryl

SLEEP AIDS

- Benadryl
- Unisom

STOOL SOFTENERS (constipation)

- Colace, Dulcolax, Senokot, Miralax, Metamucil

COMMON COLD

- * Rest and increase fluids

For aches and pains

- Tylenol

For sneezing, itchy eyes, runny nose

- Benadryl

For nasal congestion

- Humidifier

- Saline nasal sprays or flushes

For sore throat

- Chloraseptic spray
- Throat lozenges/drops
- Salt water gargles
- Tylenol

For cough

- Plain Robitussin
- Regular Mucinex
- Hot tea with honey

FLU VACCINE- The Flu vaccine is strongly recommended for ALL pregnant women.

TDAP VACCINE- The Tdap vaccine is strongly recommended for ALL pregnant women in the third trimester of pregnancy (27-36weeks).

*** Please note that during pregnancy you should NOT take Motrin, Ibuprofen, Advil, Aleve or any generic of these or any other NSAIDs without approval from your OB provider.**